A1

LANGUAGE SECTION
Circle the best choice.

Bono, ___(1)___ real name is Paul David Hewson, was born on May 10, 1960. He is the main vocalist of the ___(2)___-known Dublin-based rock band U2. He grew up in the Northside suburb of Glasnevin and went to the local primary school there. Paul had a happy childhood ___(3)___ he lost his mother at the age of fourteen. This affected him very ___(4)____. Many of the songs ___(5)___ later reflected this tragic loss. Although his father tried to hold the family together, he didn’t have a close relationship with his sons.

After his mother’s death, Paul attended Mount Temple Comprehensive School. He didn’t have ___(6)___ friends — only two — at school. After some time, he and his two friends became part of a gang (a group of young people who cause trouble frequently) at school. Paul had the name Bono in the gang, and since then, he ___(7)___ as Bono. On September 25, 1976, Bono, his brother Dik, and their friends David Evans and Adam Clayton saw an advertisement on a bulletin board at Mount Temple and decided to form a rock band. In an interview, he said, “When we started out as a band, I was the guitar player, along with David, but David was always a ___(8)___ player than me. One day, while we ___(9)___ on a new song, David and Adam suggested that I should sing it. At first, I didn’t like the idea very much, but then I decided to work on it. I worked day and night. I tried really ___(10)___ to train my voice. That’s how I became the lead singer.” After this, the band started to play covers of other bands, such as The Rolling Stones and The Beach Boys. Unfortunately, they ___(11)___ play covers very well, so they decided to write their own songs in 1980. In the same year, Bono took piano lessons from his children’s piano teacher ___(12)___ he could improve his songwriting. Today, Bono writes almost all U2 songs, ___(13)___ often rich in social, political, and religious themes. According to Bono, music by itself will not change anything ___(14)___ it gives messages to millions about wars, poverty, and hunger.

1. a) whose  b) which  c) that  d) who
   2. a) wider  b) wide  c) widest  d) widely
   3. a) while  b) afterwards  c) during  d) until

4. a) bad  b) badly  c) worst  d) worse
   5. a) are written  b) wrote  c) he wrote  d) were written
   6. a) many  b) some  c) few  d) lot of

7. a) was known  b) is known  c) has been known  d) will be known
   8. a) worst  b) bad  c) well  d) better
   9. a) have worked  b) were working  c) worked  d) are working

10. a) hardly  b) hard  c) just  d) justly
    11. a) shouldn’t  b) don’t have to  c) can’t  d) couldn’t
    12. a) so that  b) because of  c) as  d) in order to

13. a) that are  b) which are  c) they are  d) and are
    14. a) when  b) if  c) while  d) unless
In addition to his work with U2, Bono actively takes part in many projects and organizations. For example, the organization DATA (Debt, AIDS, Trade, Africa) was established in 2002 by Bono and it became quite successful — now, many people know about the problems people face in Africa. Four years later, together with Bobby Shriver, Bono has started the RED campaign. About RED Bono said, “Our aim is to persuade some of the biggest companies in the world, like Apple, Converse, Motorola and Microsoft, to create a product with the Product RED logo. The money which comes from the sale of these products will be given to the Global Fund to fight AIDS, tuberculosis and malaria. I believe with all my heart that RED products, from shoes to computers, can help to save plenty of lives in developing countries.”

Bono has been nominated for the Nobel Peace Prize. In 2002, he was chosen as one of the 100 Greatest Britons in a survey which was conducted among the general public, which made Irish people greatly proud of him.

The band started the 360° Tour in early 2009 and following its success, U2 has confirmed that it is going to continue in 2010. For example, the concert in Istanbul, Turkey, will be held on September 6, 2010 at the Atatürk Olympic Stadium. More than 50,000 people will probably watch this concert live as 20,000 tickets have been sold at first. This is going to be their first concert in Turkey, so U2 fans couldn’t miss this great event. Are you one of those devoted fans of this group? Then you must hurry because the tickets aren’t sold these days.

15. a) was established b) was establishing c) established d) has been established
16. a) has to start b) has already started c) could start d) started
17. a) bigger than b) bigger c) the biggest d) biggest
18. a) have been given b) are given c) will be given d) was given
19. a) will be possible b) will definitely c) definitely won’t d) possibly won’t
20. a) who has been received b) has been received c) who has received d) has received
21. a) was chosen b) has been chosen c) chose d) has chosen
22. a) of b) from c) with d) at
23. a) being held b) held c) will be held d) going to be held
24. a) highly b) nearly c) close d) early
25. a) at first b) so far c) yet d) last week
26. a) couldn’t b) don’t have to c) mightn’t d) shouldn’t
27. a) are being sold b) aren’t sold c) aren’t selling d) have sold
The greatest ___(28)___ of life forms or organisms on earth can be found in the oceans. These forms of life vary from ___(29)___ plankton to huge whales. However, today, these life forms which live in the oceans face some problems, such as overfishing, global warming and pollution. Today, there are many conservation groups. These groups have ___(30)___ more than 20 projects in order to protect the marine environment. When these groups create a marine protected area, they have to ___(31)___ the ecology of that specific area. If they don’t think about the area carefully, they cannot protect the ecosystem successfully. That is, they need to know how the organisms in that ecosystem live, and how they interact with one another. Marine protected areas can serve several purposes which ___(32)___ on the needs of that area. Although marine protected areas cannot protect marine life against all negative ___(33)___ of human activities, they are mainly useful in ___(34)___ overfishing and the destruction of coastal habitats. The US, Canada, Australia and New Zealand are among the countries that have established marine protected areas. These countries have had great success in protecting many ___(35)___ species. Loggerhead sea turtles are one of the many species that are being protected in these marine protected areas.

28. a) pressure
   b) variety
   c) phenomena
   d) derivative

29. a) adequate
   b) accurate
   c) tiny
   d) fertile

30. a) developed
   b) abandoned
   c) restricted
   d) survived

31. a) allow
   b) convert
   c) agree
   d) consider

32. a) breathe
   b) replace
   c) alter
   d) depend

33. a) illnesses
   b) lacks
   c) effects
   d) quantities

34. a) consuming
   b) decomposing
   c) transporting
   d) preventing

35. a) rotating
   b) endangered
   c) proper
   d) dedicated

The loggerhead sea turtle is named for its exceptionally big head. In fact, its head is bigger than its body. An adult loggerhead has a big head with powerful jaws (mouth), which help it to ___(36)___ on hard-shelled animals. The loggerhead is generally found in warm ocean waters. That’s why, it is the most ___(37)___ sea turtle in the south-eastern US. It usually lives in ___(38)___ waters, near the coasts, but it can also travel out into the open seas. The loggerhead sea turtle will spend from 7 to 12 years traveling oceanic waters before it grows up and returns to the coast in order to lay eggs. However, many of the young sea turtles die before they reach the sea as they are eaten by other animals. They are generally killed by crabs and raccoons on the beach and birds and sharks in the water. Among these enemies, the shark is the most dangerous ___(39)___ of loggerheads throughout their lives.

36. a) thaw
   b) supply
   c) feed
   d) enter

37. a) common
   b) complex
   c) current
   d) moist

38. a) sewage
   b) various
   c) shallow
   d) mysterious

39. a) shelter
   b) predator
   c) motivation
   d) recreation
Fat for Brains

1 As the old saying goes, you are what you eat. The foods you eat obviously affect the functions in your body. They may also influence how your brain handles or does its tasks. If it handles them well, you think more clearly and you are more emotionally stable. The right foods can help you concentrate, keep you motivated, sharpen your memory, fight stress and perhaps even prevent brain aging.

2 Most people associate the term fat with poor health. We are encouraged to eat fat-free foods and to remove the fat in fried foods. To understand its psychological benefits, however, we have to change the way we think about fat.

3 The first step is gaining a better understanding of fat. We shouldn’t think of fat as one thing. We have to recognize it as several different types of the same compound. Not every fat is your enemy. Fats of the right kinds and in the right amounts are among your best friends.

4 Fats are broadly classified as either "saturated" or "unsaturated." Most foods with fat contain both kinds, in different proportions. Foods that are high in saturated fats include meat, butter, and other animal products. In general, saturated fats are solid at room temperature. Foods high in unsaturated fats include vegetable oils, nuts, and avocados. Unsaturated fats are usually liquid at room temperature.

5 The key to health is to be careful about how much of each fat you eat. Saturated fat in small amounts causes no problem. In general, you will be fine if less than 20 percent of the fats you consume are saturated. Beyond that level, saturated fat may cause heart disease and perhaps some types of cancer. A diet high in saturated fat can also make you depressed and antisocial and your general mental performance may be affected negatively. Unsaturated fats should make up the main part of your fat intake. But be careful. Unsaturated fats are especially high in calories and could cause weight problems if they are consumed in large amounts, so it is a good idea to keep your overall fat intake low and make sure that most of it is in the form of unsaturated fats.

6 Keeping your fat intake too low, on the other hand, could also be dangerous. Fat in food is broken down into chemicals called fatty acids. The body uses them for many purposes. They go into all hormones. They are critical to body metabolism, and they are part of the outer membrane of every cell in the body including those in the brain. You need these fatty acids in order to stay physically healthy and mentally sharp.

7 Of the many fatty acids the body uses, two are called "essential fatty acids" (EFAs). Your diet must contain foods that provide them because the body cannot make them on its own. The most important are omega-3 fatty acids. They are crucial for the proper development of the human brain. All brain-cell membranes need new supplies of omega-3s.

8 North Americans are famous for consuming too much saturated fat. They also consume too little food that provides omega-3s. The vegetable oils most commonly used in cooking—corn and sunflower oils—have almost no omega-3s. Using canola (rapeseed), soy, and walnut oils, which have plenty of omega-3s would be far more healthful. Fish is rich in omega-3s, especially in one which is called DHA. It is very similar to a material in the membranes of nerve cells. People who are allergic to or intolerant of fish can get their DHA from several sources, including leafy green vegetables, sesame seeds, or egg yolks.

9 In psychology and physiology journals, articles routinely confirm the value of omega-3 fatty acids. Many therapists now say that they have decided to combine psychological therapy with dietary therapy in order to rely on drugs less. Research shows that new ways of thinking about fat can open the door to better physical, mental, and emotional health.
Mark the best choice.

40. According to the text, eating the right foods CANNOT ______________.
   a) improve your memory
   b) keep your brain young
   c) affect your concentration
   d) cause stress

41. You have to be careful about unsaturated fats because ______________.
   a) they can cause heart disease
   b) they can make you depressed
   c) they can make you heavier
   d) they can affect your mental performance negatively

42. In par.5 intake probably means ______________.
   a) production
   b) consumption
   c) transportation
   d) friction

43. In par.6 they refers to ______________.
   a) fatty acids
   b) hormones
   c) purposes
   d) dangerous chemicals

44. In par.7 crucial probably means ______________.
   a) very important
   b) unique
   c) destructive
   d) accurate

45. In par.8 one refers to one of the ______________.
   a) several sources
   b) fish
   c) vegetable oils
   d) omega-3s

46. Which of the following is TRUE according to the passage?
   a) All fats are harmful for your health.
   b) North Americans don’t get much omega-3s from their food.
   c) Many therapists don’t want to use dietary therapy.
   d) Some people cannot get DHA because they are allergic to fish.
SAVING THE OCEANS

1 The oceans of the world occupy over 70% of the earth's surface. They provide food for billions of people, serve as places of recreation and facilitate the transportation of passengers and cargo. For a long time, people thought that the oceans are an indestructible and infinite (endless) resource. Until recently, humans didn’t have much effect on them. However, since the earth's population is increasing rapidly, human activity will finally destroy the oceans unless immediate steps are taken.

2 Over-fishing is one major threat. Fish are being taken out of the oceans faster than the remaining fish can reproduce. A big fish — tuna, cod, shark, or swordfish — provides many kilograms of delicious seafood when it reaches maturity (becomes an adult). However, to meet the increasing demand for these fish, commercial fishermen began catching small, immature (very young) fish. As a result, most species have become extinct. Ocean scientists think that 90% of these big fish are now gone from the oceans, and about 30% of all fished species have been destroyed.

3 Of the earth's 6.5 billion people, over 1 billion rely on fish as a source of protein. Billions of others eat fish frequently because of its health benefits and its good taste. Throughout the world, food from the sea provides between 5% and 10% of the total food supply. However, when fish disappear from the oceans, they will also disappear from our dinner plates. This means that those who rely on fish could die of hunger because of the destruction of fish species.

4 Humans are affecting ocean life not only by what they take out of the oceans, but also by what they put into the oceans. Cans, bottles, plastic cups and baby diapers which have been carelessly thrown away find their way into the stomachs of fish, which often kills them. Toxic chemicals and industrial trash are also dumped into the oceans, either accidentally or thoughtlessly. This pollutes the water and kills sea life. Spills from a single oil tanker can add 200,000 tons of oil to the already polluted oceans.

5 It is a fact that an industrialized world isn’t compatible with healthy oceans. What can be done to stop the steady destruction of the oceans? Among other steps, countries can set limits on the number of fish that fishermen can legally catch. Governments can also create sea reserves, areas where fishing is banned until the fish population increases. Companies can develop open-ocean aquaculture to grow fish in underwater cages miles from land. In addition, individuals can refuse to buy fish in restaurants and markets if these sell fish species that are endangered.

6 Governments can also protect the sea by strictly controlling what is dumped into the oceans. They can demand that oil tankers have higher safety standards. They can process the dirty water from houses and factories to remove toxic substances from the water. People can properly get rid of leftover household and garden chemicals, so they do not help to increase the pollution of the oceans.

7 Scientists agree that it's not too late to save the oceans if we take the necessary steps immediately.
Mark the best choice.

47. In par. 1 them refers to ____________.
   a) people
   b) the oceans
   c) passengers and cargo
   d) places of recreation

48. Most species of fish have become extinct because ____________.
   a) very young fish were caught to meet the increasing demand
   b) over-fishing is restricted in certain places
   c) fishermen caught only fish which were big enough
   d) 90% of big fish are now gone from the oceans

49. The destruction of fish species can result in the death of people because ____________.
   a) countries can set limits on the number of fish that fishermen can legally catch
   b) they grow fish in underwater cages miles from land
   c) many people depend on fish as a food source
   d) toxic chemicals pollute the water and kill sea life

50. In par. 5 if something is compatible with another thing, it can ____________ it.
   a) create
   b) destroy
   c) suffer from
   d) exist with

51. The writers purpose is to ____________.
   a) inform the reader
   b) make an excuse
   c) give instructions
   d) surprise the reader

52. Which of the following is FALSE according to the passage?
   a) If people stop buying endangered oceanic species, they can help to save the oceans.
   b) Cans, bottles, plastic cups, and baby diapers are examples of things we dump into the oceans.
   c) When we process the dirty water from houses and factories, we eliminate toxic substances.
   d) Scientists do not know how we can save the oceans.